

Original Research Article

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Plasmid Profile and Plasmid Curing of Some Enterobacteriaceae Resistant to Ampicillin Isolated from Food, Human Stool, Chicken Stool in Ekiti State

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ABSTRACT

This study was conducted to show plasmid profile and plasmid curing procedure and its results to determine if resistance in this study was plasmid mediated or chromosomally mediated. A total of 230 ready to eat food samples were randomly purchased, human stool of apparently healthy human volunteer and sick humans' stool from Federal Teaching Hospital Ido (FTH) and University Teaching Hospital Ado Ekiti in Ekiti State with ethical approval from both institution, Fecal samples were also collected from forty-five (45) white broilers and fifty-nine (59) black layers from different poultry farms in Ekiti state. These samples were collected from Ekiti Central (Ado and Igede), Ekiti North (Ido and Ikole) and Ekiti South (Ikere and Emure). Samples collected were analyzed microbiologically using conventional techniques, antibiotics susceptibility testing by disc diffusion method and Double disc synergy test was used to determine β -lactamase producing bacterial isolates, the genetic basis of resistance was achieved by plasmid profiling and plasmid curing techniques. Four enteric bacteria, namely *Escherichia coli*, *Klebsiella aerogenes*, *Salmonella typhi* and *Proteus vulgaris* were isolated from the food, stool samples and majority of the bacterial isolate resistance is either plasmid or chromosomally mediated. The results showed that, some Enterobacteriaceae which include *E.coli*, *Salmonella typhi*, *Klebsiella aerogens* and *Proteus vulgaris* from food, human and chicken stool was isolated carried plasmid while some did not carry plasmid. Also it shows that some resistance are plasmid mediated while some are chromosomally mediated based on the plasmid curing.

Keywords

ESBL, GIT, Gram negative, Gram Positive, Enterobacteriaceae, Beta lactamase, Plasmid profile, Plasmid curing

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Introduction

A plasmid is a small, circular piece of DNA that is different than the chromosomal DNA, which is all the genetic material found in an organism's chromosomes. It replicates independently of chromosomal DNA. Plasmids are mainly found in bacteria, but

they can also be found in archaea and multicellular organisms. Plasmids usually carry at least one gene, and many of the genes that plasmids carry are beneficial to their host organisms. Although they have separate genes from their hosts, they are not considered to be independent life.

The study of plasmids is important to Medical Microbiology because plasmids can encode genes for antibiotic resistance or virulence factors. Plasmids can also serve as markers of various bacterial strains when a typing system referred to as plasmid profiling. In this method artificially purified plasma deoxyribonucleic acid species are separated according to molecular size (Mayer 1988)

Curing of this cryptic plasmid from a bacterial strain is a method to substantiate the relationship between genetic trait and carriage of the specific trait in the plasmid. Various method involving chemical and physical agent have been develop to eliminate plasmids. It is the elimination of a plasmid from cell culture by treatment with acridine orange at a concentration insufficient to inhibit chromosome replication but sufficient to inhibit plasmid replication

Enterobacteriaceae is a group of Gram-negative bacteria which are straight rods and usually found in the gastrointestinal tract (GIT). Thus, members of this family are referred to as enteric bacteria. This family is the only representative in the order Enterobacteriales of the class Gammaproteobacteria in the phylum Proteobacteria. Most Gram-negative bacteria include the species of *Salmonella*, *Shigella*, *Yersinia*, *Klebsiella*, *Citrobacter*, *Enterobacter*, *Proteus*, *Serratia* and *Escherichia* and others. *Escherichia coli* is one of the major enteric bacteria which serves as reservoir for resistance gene (Brinaset *al.*, 2005).

Ampicillin is one of the β -lactam drugs that has been used to treat bacterial infection and demonstrated activity against bacteria. Most strains of *Pseudomonas*, *Klebsiella* and *Aerobacter* are considered resistant to ampicillin. Additionally, resistance to ampicillin is seen in the species of *Enterobacter*, *Citrobacter*, *Serratia*,

Salmonella, indole-positive *Proteus* and *E. coli*. Some of these bacteria have been reported to show resistance to two or more antibiotics (Rahal, 2005).

Multiple drug resistance is a condition enabling a disease-causing organism to resist distinct drugs or chemicals of a wide variety of structure and function targeted at eradicating the organism. Multi-drug resistance in bacteria occurs by the accumulation, on resistance R-plasmids or transposons of genes, with each coding for resistance to a specific agent and /or by the action of multi-drug efflux pumps, each of which can pump out more than one drug type. Multiple drug resistance may also be as a result of enzymes deactivating the drugs and thus reducing their effectiveness of the drug (Bennett, 2008).

ESBLs are known as extended-spectrum β -lactamases because they are able to hydrolyze a wide range of β -lactam antibiotics than the simple parent β -lactamase from which they are derived (Bush, 2008). ESBLs are plasmid mediated enzymes which are frequently found in Enterobacteriaceae especially *Escherichia coli* (Paterson and Bonomo, 2005). This study will show procedure and result of plasmid profile and plasmid curing of some enterobacteriaceae isolated from food, human and chicken stool in Ekiti State , Nigeria

Materials and Methods

Samples collection

Food samples

Two hundred and thirty (230) ready-to-eat food samples were randomly purchased from Eateries in Ekiti State. Food samples were purchased in a disposable white plastic. It was transported to the laboratory and analyzed within 1h of collection

Fecal samples

Stool samples were collected from 54 apparently healthy individuals and 142 patients in Ekiti State University Teaching Hospital, Ado Ekiti and Federal Medical Centre, IdoEkiti. Collection of the samples was achieved with the approval of Ethical Committee in both institutions (Appendices 1-5). Certified Medical Laboratory Scientist assisted in collecting the samples. Samples were also collected from apparently healthy volunteers by distributing Bijou bottles to them.

Fecal samples were also collected from forty-five (45) white broilers and fifty-nine (59) black layers from different poultry farms in Ekiti state. These samples were collected from Ekiti Central (Ado and Igede), Ekiti North (Ido and Ikole) and Ekiti South (Ikere and Emure). All the samples collected were analyzed in the Laboratory within 1hr of collection. Isolated bacteria was characterized and identified using colonial morphology, gram staining technique, biochemical test (Cheesebrough, 2000)

Antibiotics sensitivity testing

Antibiotics susceptibility testing was performed using the disc diffusion method as described by Clinical Laboratory Standard institute CLSI (2014). Commercially prepared antibiotics disc was obtained from Oxoid (Basingstoke, Hampshire, UK). The antibiotics, their codes and concentration in µg are as follows: Aminoglycosides: Streptomycin (Str, 10 µg), Gentamycin (Gen, 10 µg), Macrolides: Erythromycin (Ery, 5 µg), Phenicol: Chloramphenicol (Chl, 10 µg), Tetracycline: tetracycline (Tet, 25 µg). β-lactam drugs: Cloxacillin (Cxc, 5 µg), Penicillin (Pen, 10 µg), Ampicillin (Amp, 10 µg), Amoxicillin (Amx, 25 µg), Augmentin (Aug, 30 µg), Fluoroquinolone: Ofloxacin (Ofl, 5 µg), Nalixidic acid (Nal, 30 µg), Folate

pathway inhibitor: Cotrimazole (Cot, 25 µg) and other antibiotics like Nitrofurantoin (Nit, 200 µg).

Pure colonies on each bacterial isolate were inoculated into 5ml of sterile peptone water and incubated at 37°C for 6h. The turbidity was adjusted to match 0.5 McFarland standards and it was poured on the surface of solidified Mueller-Hinton agar. The peptone water was allowed to stay on the solidified agar and swirl to allow the bacterial spread on the agar for few seconds and then poured away before the commercially available multi-disk (AB Biodisk) for both gram-positive and gram-negative were aseptically placed on the plates respectively. The gram-positive disc which include Ampicillin (Amp, 10 µg), Chloramphenicol (Chl, 10 µg), Cloxacillin (Cxc, 5 µg), Erythromycin (Ery, 5 µg), Gentamycin (Gen, 10 µg), Penicillin (Pen, 10 µg), Streptomycin (Str, 10 µg), Tetracycline (Tet, 10 µg) disc and the gram-negative disc which include Augmentin (Aug, 30 µg), Ofloxacin (Ofl, 5 µg), Gentamycin (Gen, 10 µg), Nalixidic acid (Nal, 30 µg), Nitrofurantoin (Nit, 200 µg), Cotrimazole (Cot, 25 µg), Amoxicillin (Amx, 25 µg), Tetracycline (Tet, 25 µg). After the disc has been aseptically placed on the agar using sterile forceps, the set up was incubated at 37°C for 24h. Zones of inhibition were measured after 24h according to CLSI (2014) and organisms were classified as sensitive (S), intermediate (I), resistant (R) and isolates resistant to three or more were classified as multi-drug resistant (MDR) (Ochei and Kolkhtar, 2000)

Detection of ESBL-producing bacterial isolates resistant to Ampicillin using double disk synergy test

A 20ml portion of sterile Mueller-Hinton agar was poured on a sterile Petri dish and it was allowed to solidify. Isolate was inoculated into 5ml sterile peptone water. It was

confirmed with 0.5 McFarland standards before it was poured on the solidified agar plate and swirled to ensure the sample spread through the entire plate before it was poured away. Oxoid single disk consisting of Amoxicillin- Clavulanic acid (30 µg), Cefotaxitin (30µg), Ceftriaxone (30µg), Ceftadizime (30µg) were aseptically placed in 20mm away from each other on the inoculated plate in such a way that the Amoxillin-Clavulanic acid (30µg) was placed in the middle and it was surrounded with other antibiotics disc. The plate was incubated at 37°C for 24h. The bacteria were considered to be producing ESBL when the zone of inhibition around any of the extended-spectrum β-lactamase discs showed a clear-cut increase towards the Amoxicillin–Clavulanic acid disc (Ezekiel *et al.*, 2011, Ekundayo O.K and Onifade A.K, 2020).

Genetic characterization of ESBL-producing bacterial isolates resistant to ampicillin by plasmid profiling techniques.

Plasmid analysis

Plasmid analysis was carried out on bacterial isolates that are resistant to ampicillin also produces β-lactamase. This was carried out in order to know the molecular basis of resistance in some bacterial isolates. This was achieved with the help of Molecular Biology Laboratory of Nigeria Institute of Medical Research (NIMR), Yaba, Lagos, Nigeria

Plasmid extraction

A 1.5ml portion of overnight culture was spun at 12,000rpm for 1min using a Micro centrifuge and the supernatant was decanted. A total of 300µl of TENS (25mM Tris, 10mM EDTA (Ethylene diaminetetraacetic acid), NaOH (0.1 Sodium hydroxide) and SDS (0.5% sodium dodecylsulphate) was added and then mixed together until it became sticky. A portion of 150µl of 3.0M sodium

acetate (pH 5.2) was added and the tube vortexed till it was completely mixed. The mixture was micro-centrifuged for 5min at 13,000rpm to pellet i.e. (small particles created by compressing the original) cell debris and chromosomal DNA. Supernatant was transferred into a fresh tube (Eppendorf tube) and then mixed with 800µl ice cold absolute ethanol and then centrifuged for 10min to pellet plasmid DNA. The supernatant was discarded and the pellet was rinsed twice with 1ml of 70% ice cold ethanol and dried at 45°C for 15min. The dried pellet was re-suspended in 20-40 µl of TE (Tris and EDTA) buffer and stored at 4°C for further use (Ezekiel *et al.*, 2011, Ekundayo and Onifade, 2020)

Agarose gel electrophoresis

Agarose Gel Electrophoresis is a separation method that can be used to separate DNA based on their molecular weight. The concentration of Agarose used is dependent on the size of DNA to be separated but 0.8% Agarose is basically used for plasmid DNA. A 0.8g portion of Agarose powder was mixed with 100mls of 1X TBE (Tris, Boric acid and EDTA) buffer. The mixture was dissolved by boiling on a hot plate using a magnetic stirrer, and later allowed to cool after which 10 µl (0.001ml) of ethidium bromide was added. The mixture was poured on electrophoresis tank with comb in place to obtain a gel thickness and to avoid bubbles. It was allowed to solidify. The combs were removed and placed with the tray in the electrophoresis tank. 1X TBE (Tris base, Boric acid and EDTA) buffer was poured into the tank to ensure that the buffer covered the surface of the gel. A 15 µl portion of plasmid DNA was mixed with 2 µl of loading dye was carefully loaded onto the well created by combs. Electrode was connected to the power pack in such a way that the negative terminal was at the end where the samples were loaded.

Electrophoresis was run at 60-100V until the loading dye (i.e. bromocresol purple) had migrated about three-quarter of the gel and the electrode was turned off. DNA bands were visualized and photograph using Bio-Rad, Mini-Sub Get GT. The molecular weight of unknown plasmid DNA was extrapolated using the band mobilities in the gel (Ezekiel *et al.*, 2011, Ekundayo and Onifade, 2020)

Curing of plasmid DNA

Curing of the plasmid was done to determine whether or not a plasmid encodes a trait that codes for antibiotics resistance or multiple antibiotic resistance. Curing was done using the sodium dodecyl sulphate (SDS). The isolate that showed resistance to Ampicillin and those that showed multiple resistance to different antibiotics due to plasmid bands were subjected to plasmid curing.

One gram of sodium dodecyl sulphate (SDS) was added to 100ml of nutrient broth. The solution was autoclaved at 121°C at 15psi for 15min. An overnight culture of the sample was standardized according to 0.5 McFarland standard and 0.5ml from the standardize solution was pipette using Pasteur pipette into the 100ml sterile nutrient broth. This solution was incubated at 37°C for 24h. After incubation, the isolate was re-inoculated into a sterile nutrient broth and incubated for 24h (Annika *et al.*, 2013, Ekundayo and Onifade, 2020)

Post curing sensitivity testing

The plasmid-cured isolates were tested against those antibiotics to which they were previously resistant.

The diameter of zone of inhibition was measured using metre rule in mm and the zones were compared with Standard antibiotics chart (Ochei and Kolkhtar, 2000).

Statistical analysis of data

Data obtained from the study were subjected to analysis of variance (ANOVA) and treatment means were separated by Duncan's New Multiple Range Test using Statistical Analysis System Software (SAS) version 5.0.1.

Results and Discussion

Based on this research four major member of Enterobacteriaceae were isolated and they include *E.coli*, *Salmonella typhi*, *Klebsiella aerogene* and *Proteus vulgaris*.

Table 1 shows the antibiotics sensitivity test of the bacterial isolates to 16 antibiotics. All the bacterial isolates are highly sensitive to Ofloxacin, Gentamycin, Nalidixic, Cotrimazole and Nitrofurantoin. *Escherichia coli* shows highest sensitivity to Nitrofurantoin (82.16 ± 0.01^a), Nalidixic acid (81.53 ± 0.01^b) and lowest sensitivity to Erythromycin (2.50 ± 0.01^g) and Ampicillin (3.83 ± 0.01^f). *Salmonella typhi* was highly sensitive to Nalidixic acid (67.5 ± 0.01^a) and the lowest in Cloxacillin (0.00 ± 000^f). *Klebsiella aerogenes* had highest sensitivity to Nalidixic acid (77.4 ± 0.01^a) and Gentamycin (74.2 ± 0.01^b) and the lowest in Erythromycin (6.45 ± 004^f) and Tetracycline (6.4 ± 0.01^h). *Proteus vulgaris* had highest sensitivity to Nalidixic acid (78.72 ± 0.01^a) and the lowest sensitivity in Ampicillin (4.24 ± 0.01^c).

Table2 shows the percentage resistance of bacterial isolates from fecal to antibiotics. *Escherichia coli* was highly resistant to Ampicillin (92.68 ± 0.01^a) and lowest resistant to was seen in Nalidixic acid (15.92 ± 0.01^g). Highest resistant to *Salmonella typhi* was seen in Cloxacillin (95.0 ± 0.01^a) and lowest resistant to *Salmonella typhi* in Ofloxacin (22.5 ± 0.07^g). *Klebsiella aerogenes* was highly resistant to Cloxacillin (90.33 ± 0.01^a)

and lowest resistant in Gentamycin (25.8 ± 0.01^f). Also, *Proteus vulgaris* had highest resistant to antibiotics in Ampicillin (97.75 ± 0.01^a) and lowest resistant to *Proteus vulgaris* was seen in Nitrofuratoin (21.28 ± 0.01^h).

Table 3 shows the multiple resistance of bacterial isolates to different antibiotics. *Proteus vulgaris* from black layer stool and *Salmonella typhi* from sick human showed multiple resistance to more than ten (10) different antibiotics. Out of 47 *Proteus vulgaris* that was isolated across the samples, only 5(10.63%) isolated from apparently healthy black layers showed multi-drug resistance and out of 40 *Salmonella typhi* isolated across the sample only 1(2.5%) from sick human stool showed multi-drug resistance.

The percentage incidence of β -lactamase producing bacterial isolates in food, human and chicken fecal are represented in Table 4. The percentage of β -lactamase producing *Escherichia coli* was high in food (45.16%) and sick human stools (41.94%) and low in apparently healthy human stool (6.45%) and apparently healthy black layers stool (6.45%). β -lactamase producing *Salmonella typhi* was high in food samples (37.5%) and apparently healthy layer stool (12.5%) while it was low in apparently healthy human stool (12.5%) and sick human stool (12.5). *Klebsiella aerogenes* producing β -lactamase was high in apparently human stool (40%) and apparently healthy layers stool (60%) and low in food (0%) and sick stool (0%). *Proteus vulgaris* producing β -lactamase was high in apparently healthy black layers (85.71%), sick human stool (14.29%) than food (0%) and healthy human stool (0%).

Plate 1 shows the results of plasmid profile analysis of the multi-drug resistant isolates from apparently healthy black layers MR1, MR2, MR3, MR4 (lane 1-lane 4), MR6 (lane

6) are *Proteus vulgaris* and MR5 (lane 5) sick human stool (*Salmonella typhi*). It shows that they have similar plasmid band with molecular weight of about 23,130 bp.

Plate 2, 3, 4, and 5 reveal the plasmid profile of isolated bacteria from apparently healthy black layers, human stool and food samples. Lanes 1-31 are *Escherichia coli*, lanes 32-38 are *Proteus vulgaris* while lanes 39-46 are *Salmonella typhi* and lane 47-51 are *Klebsiella aerogenes*. Plate 2 shows the plasmid profile of *Escherichia coli* isolated from sick human stool (lanes 1-13). *Escherichia coli* in lane 1-13 (Plate 2) isolated from sick human stool with exception in lane 2, 6 and 13 which showed no plasmid while the remaining lanes had similar plasmid with molecular weight of 23,130 bp when compared with Hind III lambda as a molecular marker. However, *Escherichia coli* in lane 3 has 3 different bands with molecular weights 23,130 bp; 6,557 bp and 2,322 bp. *Escherichia coli* in lane 14-27 (Plate 3) were isolated from food samples. *Escherichia coli* from lanes 14,16,18,20,21,22,23,24,25 have single plasmid band with molecular weight of 23,130 bp except *E. coli* in lanes 15, 17, 19, 26 and 27 which showed no plasmid. Plasmid profile of *Escherichia coli* isolated from apparently healthy human stool in lanes 28-29 have single plasmid band with molecular weight of 23,130bp while *Escherichia coli* isolated from apparently healthy black layer in lanes 30 and 31 (Plate 4) showed no plasmid.

Proteus vulgaris isolated from sick human stool in lane 32 have single plasmid band with molecular weight of 23,130 and *Proteus vulgaris* from apparently healthy black layers in lanes 33-38 (Plate 4) showed similar plasmid of about 23, 130 bp. However, *Salmonella typhi* isolated from food in lanes 39-41 showed single plasmid band with molecular weight of 23,130bp. Also, *Salmonella typhi* isolated from apparently

healthy human (lane 42), sick human (lane 43) and apparently healthy black layer (lanes 44-46) (Plate 4) have similar plasmid with molecular weight of about 23, 130bp when compare with hind III lambda used as a molecular marker with the exception in lane 39 and 46 which showed no plasmid.

The plasmid profile of *Klebsiella aerogenes* isolated from feces apparently healthy human (lanes 47-48) and apparently healthy black layer (lanes 49-51) in Plate 5 showed single plasmid band with molecular weight of 23,130bp with exception seen in lane 47 which showed no plasmid. Plate 6 shows the ESBL producing bacterial isolate synergy) with Amoxicillin-clavulanic acid, Cefoxitin and Ceftriaxone.

Table 5 represents the pre and post curing sensitivity of some bacterial isolates showing multiple resistance to antibiotics. Multidrug resistant *Proteus vulgaris* 1(MRP1) isolated from black layers was resistant to 12 commonly prescribed antibiotics except Nalixidic acid. MRP1 were resistance to Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^R, Amoxicillin^R, Tetracycline^R before plasmid was cured while post sensitivity of MRP1 was also resistance to all the antibiotics (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^S, Amoxicillin^R, Tetracycline^R. This shows that the resistance was not plasmid mediated but it is chromosomal mediated. Multidrug resistant *Proteus vulgaris* (MRP2) was resistant to 12 commonly prescribed antibiotics except Nalixidic acid (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R,

Nitrofuratoin^R, Amoxicillin^R, Tetracycline^R before plasmid cured while after plasmid curing, MRP2 was sensitive to 10 antibiotics (Ampicillin^S, Chloramphenicol^S Cloxacillin^S, Erythromycin^S, Penicillin^S, Streptomycin, Tetracycline^S, Augumentin^S, Ofloxacin^S, Nitrofuratoin^S, Amoxicillin^R, Tetracycline^R) . This shows that the resistance to antibiotics is plasmid mediated.

Multidrug resistant *Proteus vulgaris* (MRP3) was resistant to 12 commonly prescribed antibiotics except Amoxicillin (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^R, Nalixidic acid^R, tetracycline^R before plasmid curing while after plasmid curing, MRP3 was sensitive to 10 antibiotics (Ampicillin^S, Chloramphenicol^S Cloxacillin^S, Erythromycin^S, Penicillin^S, Streptomycin, Tetracycline^S, Augumentin^S, Ofloxacin^S, Nitrofuratoin^S, Nalixidic acid^S, Tetracycline^R) . This shows that the resistance to antibiotics is plasmid mediated.

Multidrug resistant *Proteus vulgaris* (MRP4) was resistant to 12 commonly prescribed antibiotics except Amoxicillin (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^R, Nalixidic acid^R, Tetracycline^R before plasmid curing while after curing, MRP4 was sensitive to 10 antibiotics (Ampicillin^S, Chloramphenicol^S Cloxacillin^S, Erythromycin^S, Penicillin^S, Streptomycin, Tetracycline^S, Augumentin^S, Ofloxacin^S, Nitrofuratoin^S, Nalixidic acid^S, Tetracycline^S) . This shows that the resistance to antibiotics is plasmid mediated.

Multidrug resistant *Salmonella typhi* (MRS2) was resistant to 12 commonly prescribed antibiotics except Nitrofuratoin (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R,

Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nalixidic acid^R, Amoxicillin^R, Tetracycline^R before plasmid curing while after plasmid curing of MRP2 was sensitive to 10 antibiotics (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^R, Amoxicillin^R, Tetracycline^R). The resistance is not plasmid mediated but chromosomal.

Multidrug resistant *Proteus vulgaris* (MRP6) was resistant to 12 commonly prescribed antibiotics except Nalixidic acid (Ampicillin^R, Chloramphenicol^R, Cloxacillin^R, Erythromycin^R, Penicillin^R, Streptomycin^R, Tetracycline^R, Augumentin^R, Ofloxacin^R, Nitrofuratoin^R, Nalixidic acid^R, Tetracycline^R before plasmid curing while after plasmid was cured, MRP6 was sensitive to 10 antibiotics (Ampicillin^S, Chloramphenicol^S, Cloxacillin^S, Erythromycin^S, Penicillin^S, Streptomycin, Tetracycline^S, Augumentin^S, Ofloxacin^S, Nitrofuratoin^S). This shows that resistance to antibiotics is plasmid mediated.

Table 6 represents the pre and post curing sensitivity of bacterial isolates from food, human and chicken (black layers) that were resistant to Ampicillin. *Escherichia coli* (E1,E3, E4,E5, E8, E9, E11,and E12 isolated from sick human being were resistant to Ampicillin^R before curing while after curing, E1,E3, E4,E5, E8, E9, E11,and E12 were sensitive to Ampicillin^S. It shows that the resistance to antibiotics is plasmid mediated. *Escherichia coli* E7 and E10 isolated from sick human being were resistant to Ampicillin^R before plasmid curing while after curing E7 and E10 were resistant to Ampicillin^R. The resistance to antibiotics is not plasmid mediated but rather chromosomal mediated. *Escherichia coli* E14, E15, E18, E20, and E22, isolated from food samples were resistant to Ampicillin^R before plasmid

curing while after plasmid curing E14, E15, E18, E20, and E22 were sensitive to Ampicillin^S this shows that resistance to antibiotics is plasmid mediated. *Escherichia coli* E16, E21, E23, E24 and E25 isolated from food samples were resistant to Ampicillin^R before curing while after curing E16, E21, E23, E24 and E25 were resistant to Ampicillin^R after curing this shows that the resistance to antibiotics is not plasmid mediated (chromosomal).

Escherichia coli E28 and E29 isolated from healthy human being were resistant to Ampicillin^R before plasmid curing while after plasmid curing E28 and E29 were sensitive to Ampicillin^S. This signifies that resistance to antibiotics is plasmid mediated.

Proteus vulgaris P32 (sick human stool), P33, P34, P35, P37, P38 (apparently healthy black layer faeces) were resistant to Ampicillin^R before plasmid curing while after plasmid curing P32, P33, P34, P35,P37,P38 were sensitive to Ampicillin^S. Resistance to antibiotics is plasmid mediated. Only P36 was resistant to ampicillin and after curing it was still resistant to Ampicillin. This shows that the resistant to antibiotics is chromosomal mediated.

Salmonella typhi S40, S41 isolated from food samples), S42 from sick human stool, S44 and S45 from apparently healthy black layer were resistant to Ampicillin^R and Chloramphenicol^R before plasmid curing while after plasmid curing S40 and S41 were sensitive Ampicillin^S. The resistance to antibiotics is plasmid mediated. *Salmonella typhi* S43 from sick human stool was resistant to Ampicillin^R and Chloramphenicol^R before curing while after curing S43 was resistant to Ampicillin^R. This shows that resistance to antibiotics is not plasmid mediated (chromosomal).

Klebsiella aerogenes K48, K49, K50, K51 isolated from apparently healthy black layers were resistant Ampicillin^R before curing

while after curing K48, K49, K50, K51 were sensitive to ampicillin^S. This shows that resistance to antibiotics is plasmid mediated.

Table.1 Percentage of sensitive bacterial isolates from fecal to antibiotics

Antibiotics(µg)	<i>Escherichia coli</i>	<i>Salmonella typhi</i>	<i>Klebsiella aerogenes</i>	<i>Proteus Vulgaris</i>
Ampicillin	3.83 ±0.01 ^f	5.00±0.14 ^e	16.13±0.01 ^c	4.24±0.01 ^e
Chloramphenicol	5.73±0.01 ^d	35.0±0.01 ^c	25.81±0.01 ^b	17.02±0.01 ^c
Cloxacillin	4.50±0.07 ^e	0.00 ±000 ^f	9.67±0.01 ^e	10.64±0.01 ^d
Erythromycin	2.50±0.01 ^g	2.5±001 ^g	6.45±004 ^f	10.64±0.01
Gentamycin	70.1±0.09 ^a	57.5±017 ^a	74.2±001 ^a	57.45±0.02 ^a
Penicillin	6.40±0.07 ^c	7.5±0.01 ^e	6.5±001 ^f	17.02±0.01 ^c
Streptomycin	12.74±0.01 ^b	12.5±0.01 ^d	12.90±0.01 ^d	4.3±0.07 ^e
Tetracycline	5.73±0.01 ^d	37.50±0.01 ^b	6.45±0.02 ^f	20.53±0.01 ^b
Augmentin	14.96±0.01 ^g	12.5±001 ^g	12.90±0.01 ^g	8.00 ±0.01 ^h
Ofloxacin	60.19±0.01 ^e	62.5±0.01 ^c	61.29±0.01 ^d	46.81±0.01 ^e
Gentamycin	70.1 ±0.09 ^e	57.5±0.17 ^d	74.2±0.01 ^b	57.45±0.02 ^c
Nalidixic	81.53±0.01 ^b	67.5±0.01 ^a	77.4±0.01 ^a	68.10±0.01 ^b
Nitrofurantoin	82.16±0.01 ^a	65±0.07 ^b	64.5±0.01 ^c	78.72±0.01 ^a
Cotrimazole	60.50±001 ^d	57.5±001 ^d	45.16±001 ^e	48.94±0.01 ^d
Amoxicillin	20.06±001 ^f	25.0±0.01 ^f	16.13±0.01 ^f	17.02±0.01 ^g
Tetracycline	5.73±0.01 ^h	37.50±0.01 ^e	6.4±0.01 ^h	25.53±0.01 ^f

Table.2 Percentage resistance of bacterial isolates from fecal to antibiotics

Antibiotics(µg)	<i>Escherichia coli</i>	<i>Salmonella typhi</i>	<i>Klebsiella aerogenes</i>	<i>Proteus vulgaris</i>
Ampicillin	92.68± 0.01 ^a	82.5±0.14 ^d	83.87±0.01 ^c	97.75±0.01 ^a
Chloramphenicol	80.85±0.04 ^t	65.0±0.01 ^t	70.96±0.01 ^e	80.85±0.03 ^c
Cloxacillin	85.98±0.01 ^d	95.0±0.01 ^a	90.33±0.01 ^a	78.7±0.01 ^d
Erythromycin	86.35±0.01 ^c	87.5 ±0.01 ^c	87.10±0.01 ^b	89.36±0.01 ^b
Gentamycin	27.7±0.09 ^g	30.0±0.10 ^h	25.8±0.01 ^f	31.91 ±0.01 ^g
Penicillin	82.17±0.01 ^e	90±0.14 ^b	87.09±0.01 ^b	80.85±0.01 ^c
Streptomycin	82.17±0.01 ^e	70±0.01 ^e	83.87±0.01 ^c	68.08±0.01 ^f
Tetracycline	88.85±0.01 ^b	50±0.01 ^g	77.42±0.01 ^d	70.21±0.01 ^e
Augmentin	71.65 ±0.02 ^c	77.5±0.05 ^a	74.17±0.01 ^b	91.5±0.01 ^a
Ofloxacin	34.71±0.01 ^d	22.5±0.07 ^g	32.26±0.01 ^e	38.30 ±0.01 ^e
Gentamycin	27.7±0.09 ^e	30.0±0.10 ^e	25.8±0.06 ^f	31.91±0.01 ^f
Nalidixic	15.92±0.01 ^g	27.5±0.07 ^f	12.90±0.01 ^g	27.66±0.01 ^g
Nitrofurantoin	16.24±0.01 ^f	27.5 ±0.07 ^f	32.25 ±0.04 ^e	21.28 ±0.01 ^h
Cotrimazole	34.71±0.01 ^d	35.0±0.14 ^d	41.94 ±0.01 ^d	40.42 ±0.01 ^d
Amoxicillin	77.29±0.01 ^b	75±0.01 ^b	54.83±0.01 ^c	76.59±0.01 ^b
Tetracycline	88.85±0.01 ^a	50±0.07 ^c	77.42±0.01 ^a	70.21±0.01 ^c

Table.3 Multiple resistance of bacterial isolates to different antibiotics

Bacteria Isolates	Sources of samples	Gram-positive disc								Gram-negative disc							
		Amp	Chl	Cxc	Ery	Gen	Pen	Str	Tet	Aug	Ofl	Gen	Nit	Nal	Cot	Amx	Tet
<i>Proteus vulgaris</i>	Black layer stool	R	R	R	R	S	R	R	R	R	R	S	R	S	S	R	R
<i>Proteus vulgaris</i>	Black layer stool	R	R	R	R	S	R	R	R	R	R	S	R	S	S	R	R
<i>Proteus vulgaris</i>	Black layer stool	R	R	R	R	S	R	R	R	R	R	S	R	R	S	S	R
<i>Proteus vulgaris</i>	Black layer stool	R	R	R	R	S	R	R	R	R	R	S	R	R	S	S	R
<i>Salmonella typhi</i>	Sick Human stool	R	R	R	R	S	R	R	R	R	R	S	S	R	S	R	R
<i>Proteus vulgaris</i>	Black layer stool	R	R	R	R	S	R	R	R	R	R	S	R	S	S	R	R

R- resistant , S- sensitive, Amp-Ampicilin, Chl- Chloramphenicol, Cxc, Cloxacillin, Ery- Erythromycin, Pen-Penicillin, Str- Streptomycin, Tet- Tetracycline, Aug- Augumentin, Ofl-Ofloxacin, Nit-Nitrofuratoin , Nal- Nalixidic acid, Amx- Amoxicillin.

Table.4 Percentage incidence of β -lactamase producing bacteria isolates in food, human and chicken (black layers) stool in Ekiti state

Samples	<i>Escherichia coli</i>	<i>Salmonella typhi</i>	<i>Klebsiella aerogenes</i>	<i>Proteus Vulgaris</i>
Food	14 (45.16)	3(37.5)	0(0)	0(0)
Apparently healthy human stool	2(6.45)	1(12.5)	2(40)	0(0)
Sick human stool	13(41.94)	1(12.5)	0(0)	1(14.29)
Apparently healthy black layer stool	2(6.45)	3(37.5)	3(60)	6(85.71)

Table.5 Pre and post sensitivity curing of multiple drug resistance bacterial isolates from sick human and apparently healthy black layer

Antibiotics (µg)																								
Isolates	Amp		Chl		Cxc		Ery		Pen		Str		Tet		Aug		Ofi		Nit		Nal		Amx	
	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC	BC	AC
MRP1	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	8.3 (R)	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	0 (R)	10.3 (R)	8.6 (R)	9.6 (R)	8.6 (R)	9.6 (R)	0 (R)	0 (R)	0 (R)	0 (R)
MRP2	0 (R)	19.6 (S)	9.6 (R)	19.6 (S)	9.6 (R)	20.6 (S)	8.6 (R)	22.3 (S)	0 (R)	19.6 (S)	10.6 (R)	23.3 (S)	0 (R)	19.3 (S)	0 (R)	18.8 (S)	0 (R)	23.6 (S)	9.6 (R)	24.3 (S)	8.6 (R)	22.9 (S)	0 (R)	19.3 (S)
MRP3	0 (R)	18.6 (S)	0 (R)	19.6 (S)	0 (R)	20.3 (S)	9.6 (R)	18.9 (S)	0 (R)	19.6 (S)	8.6 (R)	19.6 (S)	0 (R)	20.3 (S)	0 (R)	19.6 (S)	9.6 (R)	23.6 (S)	10.3 (R)	24.3 (S)	9.6 (R)	23.9 (S)	0 (R)	19.6 (S)
MRP4	0 (R)	19.6 (S)	0 (R)	18.6 (S)	0 (R)	22.3 (S)	6.3 (R)	19.6 (S)	0 (R)	18.9 (S)	9.6 (R)	20.6 (S)	0 (R)	19.6 (S)	9.6 (R)	24.6 (S)	6.9 (R)	21.6 (S)	9.6 (R)	23.6 (S)	0 (R)	24.6 (S)	0 (R)	18.6 (S)
MRS5	0 (R)	9.6 (R)	6.3 (R)	9.6 (R)	0 (R)	9.3 (R)	0 (R)	8.6 (R)	0 (R)	0 (R)	0 (R)	10.3 (R)	0 (R)	0 (R)	0 (R)	9.3 (R)	6.3 (R)	9.6 (S)	0 (R)	0 (R)	9.6 (R)	10.3 (R)	0 (R)	0 (R)
MRP6	0 (R)	19.6 (S)	0 (R)	18.6 (S)	0 (R)	22.3 (S)	0(R)	21.6 (S)	0 (R)	19.3 (S)	6.3 (R)	20.3 (S)	0 (R)	19.6 (S)	9.6 (R)	19.6 (S)	9.6 (R)	23.3 (S)	9.3 (R)	22.6 (S)	0 (R)	19.6 (S)	0 (R)	19.6 (S)

BC- Before curing, AC-After curing, R- resistance, S-sensitive, MRP1-Multi- drug resistance *Proteus vulgaris* 1, MRP2- Multi- drug resistance *Proteus vulgaris* 2, MRP3- Multi- drug resistance *Proteus vulgaris* 3, MRP4- Multi- drug resistance *Proteus vulgaris* 4, MRS5- Multi- drug resistance *Salmonella typhi*, MRP6- Multi- drug resistance *Proteus vulgaris* 6

Pre and Post curing sensitivity of bacterial isolates from food, human and chicken (black layers)

Isolates	Sources of sample	Plasmid bands	Molecular Weight (bp)	Ampicillin	
				Before curing (mm)	After curing (mm)
E1	Sick human	Single	23,130	0(R)	18.3(S)
E3	sick human	Triple	2,322 6,557 23,130	0(R)	18.6(S)
E4	Sick human	Single	23,130	0(R)	19.6(S)
E5	Sick human	Single	23,130	0(R)	19.3(S)
E7	Sick human	Single	23,130	0(R)	0(R)
E8	Sick human	Single	23,130	0(R)	20.3(S)
E9	Sick human	Single	23,130	0(R)	19.3(S)
E10	Sick human	Single	23,130	0(R)	0(R)
E11	Sick human	Single	23,130	0(R)	20.3(S)
E12	Sick human	Single	23,130	8.3(R)	19.6(S)
E14	Food	Single	23,130	6.3(R)	22.6(S)
E15	Food	Single	23,130	7.6(R)	18.3(S)
E16	Food	Single	23,130	4.3(R)	5.6(R)
E18	Food	Single	23,130	0(R)	17.6(S)
E20	Food	Single	23,130	0(R)	18.3(S)
E21	Food	Single	23,130	0(R)	0(R)
E22	Food	Single	23,130	0(R)	22.3(S)
E23	Food	Single	23,130	6.6(R)	18.6(S)
E24	Food	Single	23,130	0(R)	0(R)
E25	Food	Single	23,130	8.3(R)	9.3(R)
E28	Apparently healthy human	Single	23,130	0(R)	19.3(S)
E29	Apparently healthy human	Single	23,130	0(R)	20.3(S)
P32	Sick human	Single	23,130	0(R)	21.6(S)
P33	Apparently healthy black layer	Single	23,130	8.6(R)	22.6(S)
P34	Apparently healthy black layer	Single	23,130	0(R)	19.3(S)
P35	Apparently healthy black layer	Single	23,130	0(R)	18.6(S)
P36	Apparently healthy black layer	Single	23,130	9.6(R)	10.6(R)
P37	Apparently healthy black layer	Single	23,130	0(R)	18.3(S)
P38	Apparently healthy black layer	Single	23,130	0(R)	22.3(R)
S40	Food	Single	23,130	9.6(R)	18.3(S)
S41	Food	Single	23,130	0(R)	19.6(S)
S42	Apparently healthy human	Single	23,130	8.6(R)	23.6(S)
S43	Sick human	Single	23,130	4.6(R)	5.6(R)
S44	Apparently healthy black layer	Single	23,130	0(R)	20.3(S)
S45	Apparently healthy black layer	Single	23,130	0(R)	18.6(S)
K48	Apparently healthy human	Single	23,130	8.3(R)	22.6(S)
K49	Apparently healthy black layer	Single	23,130	0(R)	20.3(S)
K50	Apparently healthy black layer	Single	23,130	7.6(R)	18.6(S)
K51	Apparently healthy black layer	Single	23,130	0(R)	19.6(S)

Plate.1 Photograph showing plasmid profile of some bacterial isolates with multiple resistance from apparently healthy black layers and sick human fecal samples

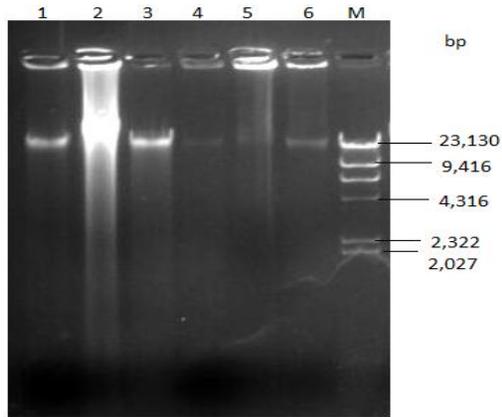
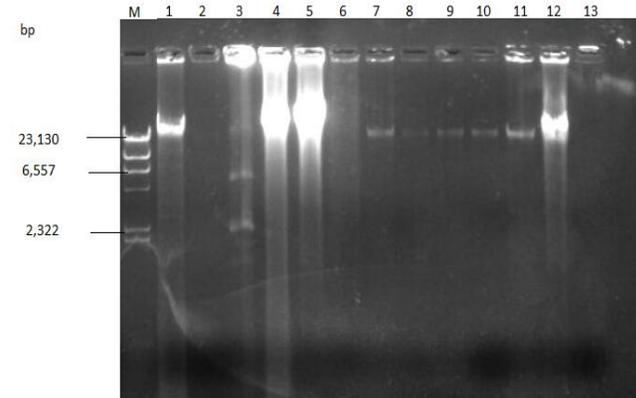


Plate.2 Photograph showing plasmid profile of Escherichia coli isolated from feces of sick human (lane 1-13)



NOTE: Plasmid DNA on 0.8g Agarose, M-Molecular marker Hindalll lambda, lane 47-51(*Klebsiella aerogenes*)
Bp-Unit of molecular weight is base pair

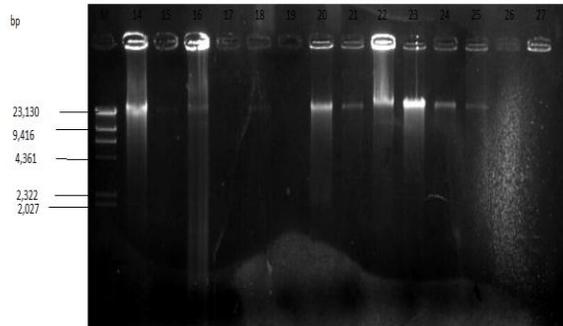


Plate.3 Photograph showing Plasmid profile of *Escherichia coli* isolated from Food samples (lanes 14-27)

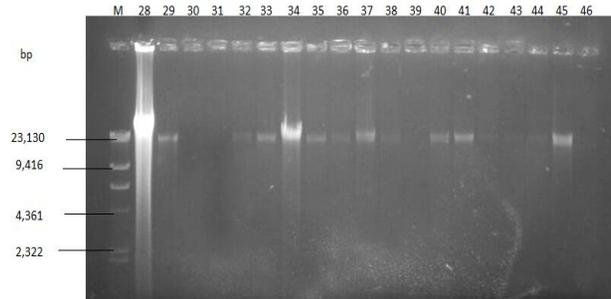


Plate.4 photograph showing plasmid of *Escherichia coli* from apparently healthy lanes 28-29 and black layers lane 30-31 , *Proteus vulgaris* from the feces of sick human lane 32, apparently healthy black layers lane 33-38, *Salmonella typhi* from food lanes 39-41, *Salmonella typhi* from apparently healthy human lane 42 , feces from sick human lane 43 and apparently healthy black layer lane 44-60

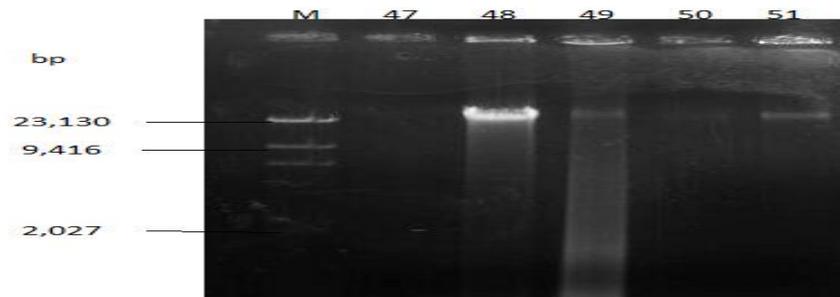


Plate.5 Photograph showing the plasmid profile of ESBL producing *Klebsiella aerogenes* isolated from faeces of apparently healthy human (lane 47-48) and apparently healthy black layers (lanes 49-51).

Antibiotic resistance in bacteria has emerged as a medical challenge. This results from the speed at which bacteria multiply and are spread, and the ease with which they can change their genetic material or acquire new genes. They exert biochemical resistance by preventing entry of the drug, by rapidly extruding the drug, or by enzymatically inactivating the drug or altering its molecular target. The presence of antibiotics in the internal environments of human beings and animals provides a selective pressure for any resistant organisms to become predominant. In this study, four different enteric bacteria which include *Escherichia coli*, *Salmonella typhi*, *Klebsiella aerogenes* and *Proteus vulgaris* were isolated from food, human and chicken (black layers and white broiler) with *Escherichia coli* predominant in all samples collected

Based on this study, only four members of enteric bacteria i.e. *Klebsiella aerogenes*, *Escherichia coli*, *Salmonella typhi* and *Proteus vulgaris* were isolated from food, human and apparently healthy chicken (white broiler and black layer). Other bacterial isolated include *Staphylococcus aureus* and *Clostridium botulinum* from food and yeast from sick human stool. All the four isolated bacteria are resistant to ampicillin which corroborates the findings of Rahal (2005) which says most strains of *Pseudomonas*, *Klebsiella*, *Aerobacter*, *Enterobacter*, *Citrobacter*, *Serratia*, *Salmonella*, *Escherichia coli* and indole-positive *Proteus species* are considered resistant to Ampicillin (Rahal, 2005). The result from this study show high antimicrobial resistance among the isolates. This resistance had cut across all the isolates regardless of the source as well as the various classes of antibiotics.

The problem of resistance by bacteria to antibiotics continue and if as suggested by (kamrzzaman *et al.*, 2017), hospital managing

critically ill patients who are at high risk of being infected, there might need to look into the possibility of using simple oral administrative route of in vivo plasmid curing. This could be the much need light to the threat of antibiotics resistance.

Both Gram-positive and gram-negative disc were used for the antibiotic susceptibility testing. Gram-positive disc which include Ampicilin (Amp) 10µg, Chloramphenicol (chl) 10 µg, Cloxacillin (Cxc) 5µg, Erythromycin (Ery) 5µg, Gentamycin (Gen) 10µg, Penicillin (Pen) 10µg, Streptomycin (Str) 10µg, Tetracycline (Tet) 10µg disc and Gram-negative disc which include Augumentin (Aug) 30µg, Ofloxacin (Ofl) 5µg, Gentamycin (Gen) 10µg, Nalixidic acid (Nal) 30µg, Nitrofuratoin (Nit) 200µg, Cotrimazole (Cot) 25µg, Amoxicillin (Amx) 25µg, Tetracycline (Tet) 25µg. This study confirm that Gram-negative disc were more effective in treating infection caused by Gram-negative organism than Gram-positive disc. Based on antibiotic susceptibility testing, only Gentamycin were sensitive to bacterial isolates while other antibiotics were resistance to bacterial isolates. On the other hand, bacterial isolates were sensitive to Nitrofuratoin, Gentamycin, Nalixidic acid, Ofloxacin and Cotrimazole on Gram-negative disc. Therefore Gram-negative disc are more effective in treating ESBL infection than gram-positive disc. Most of all the isolates tested were susceptible to Nitrofuratoin, Nalixidic acid, Gentamycin, Cotrimazole and Ofloxacin which was in accordance with (Woodford *et al.*, 2006) which says Treatment options for ESBL infections may include Nitrofuratoin and in desperation, Gentamycin injections may be used.

This study also reports on bacterial isolates that shows multiple resistance to different antibiotics isolated from black layer and sick human. This was observed in *Proteus vulgaris*

isolated from black layers and *Salmonella typhi* isolated from sick human stool. This might be as a result of the use of antibiotics for therapeutic and non –therapeutic purpose among farm animals. Resistance seen in sick human may be as a result of exposure to antibiotics and long time stay in hospital facilities.

Plasmid has been documented to have encoded gene that provides resistance to occurring antibiotics in competitive environmental niche (Kroll *et al.*, 2010). This study confirms that most resistance in this study was plasmid mediated. The isolates involved carried plasmid whose molecular weight ranged from 2,322bp (2.3 kb) and 23,130bp (23kb) with exception seen in some isolates which showed no plasmid bands. Kroll *et al.* (2010) reported that plasmid mediated mechanism may increase the likelihood of horizontal spread of resistance. Resistance to bacterial organism not due to plasmid might be due to the efflux mechanism (Poole, 2004). Plasmid profile of *Escherichia coli* isolated from sick human stool from (lane 1-27) lane 1, 4, 5, 7, 8, 9, 10, 11, 12, 14, 15, 16, 18, 20, 21, 22, 23, 24, 25 have similar plasmid of 23,130bp with exception of three different bands in lane 3 with plasmid band of 2,322bp ,6557bp and 23,130bp. No plasmid band was seen in lane 2, 6, 13, 17, 19, 26 and 27 indicating that the isolates did not contain plasmid. The chance that plasmid found in food sold in canteen is worrisome and underscoring the sanitary status of the food handlers and probably cooking processors. The plasmid profile of *Escherichia coli* from apparently healthy human stool from lanes 28-29 showed same plasmid band with molecular weight of 23,130bp. *Escherichia coli* from sick black layer in lane 30 and 31 showed no plasmid. *Proteus vulgaris* isolated from sick human stool (lane 32), apparently healthy black layer (lane 33-38), *Salmonella typhi* from food (lane 39-41), apparently

human stool (lane 42), sick human stool (lane 43) and apparently black layer (lane 44-45) have molecular weight of 23,130bp with exception seen in lane 46 with no plasmid band. Plasmid profile of *Klebsiella aerogenes* isolated from apparently healthy human stool in lane 48 is 23,130bp with no plasmid in lane 47 and *Klebsiella aerogenes* from black layer from lane 49, 50 and 51 with molecular weight of 23,130bp.

Plasmid has been documented to have encoded gene that provides resistance to naturally occurring antibiotics in competitive environmental niche (Lipps, 2008; kroll *et al.*, 2010). Findings from this study indicated that resistance shown by the bacterial isolates is mainly plasmid mediated. In addition, some of the bacterial isolates are chromosomal mediated. Although, most of the bacterial isolates carried plasmid bands but not all are responsible for the antibiotics resistance.. This is supported by (Thomas *et al.*, 1998) who reported that plasmid mediated mechanism may increase the likelihood of horizontal spread. Resistance of bacterial organism not due to plasmid or chromosome might be due to efflux pump mechanism (Poole, 2004) or other factors like mutation of genes encoding ribosomal protein which decrease permeability of the cell envelope in enteric bacteria (Isenerger *et al.*, 2002). There is therefore no doubt that ESBL producing bacterial isolates can be found in food, human and chicken especially black layers in Ekiti State, Nigeria.

Contributions of study to knowledge

This research has been able to establish that:

Antibiotics resistance to ampicillin was high among the enteric bacteria isolated from food, human and chicken in Ekiti state;

The most effective antibiotics against ESBL

producing bacterial isolated are Nalixidic acid and Nitrofuratoin;

Resistance can be plasmid mediated or chromosomally mediated

Conclusion and Recommendations are as follows:

The fact that prevalence rates are rising globally, including in nonhospital settings, food, apparently healthy and sick subject, among chickens and even fish farming where chicken stool are used as fertilizer to boost the growth of fish is of great concern to public health at large. However, this study has revealed findings concerning β -lactamases producing organism isolated from food, human and apparently healthy chicken especially black layer.

Therefore, appropriate antimicrobial selection, personal hygiene and quality control should be encouraged in canteens, personal hygiene among health workers, proper diagnosis to ascertain the causative agent before prescription, ban the use of antibiotics in farm animals, over the counter prescription should totally be avoided, professional pharmacist should be employed and effective infection control procedures are the key partners in their control.

Recommendations

The problem of antibiotics resistance in bacterial pathogens is a great concern to public health. It is important to recall that antibiotics resistance profile and sensitivity profile in this study is to provide an updated data for clinician, Medical laboratory scientist and other health care workers in order to facilitate the use of appropriate and more effective treatment regimes. However, in order to curb the menace of antibiotic resistance, indiscriminate use of antibiotics

and over-the-counter sales of antibiotics should be discouraged. In addition, the use of antibiotics among poultry farm should be regulated with caution.

Also, regular monitoring of restaurants by the relevant agencies should not be overlooked. It has been noted that more research had been carried out on plasmid mediated resistance of enteric bacteria to antibiotic, effort should be made to research on the chromosomal mediated resistance of Enterobacteriaceae to antibiotics as reports on this aspect is limited.

Above all, accelerated and continuous search for alternative remedy and more effective new antibiotics should be increased. The use of antibiotics among farm animals should be regulated. However, antibiotics in this part of the world are still very important.

Gentamycin, Nitrofuratoin, Nalixidic acid, Cotrimazole and Ofloxacin can be adopted in the treatment of ESBLs infection based on the findings from this study. Nitrofuratoin and Nalixidic acid should be adopted in the treatment of ESBL infection as these have the highest sensitivity rate in this environment. Also combination of more than one drug (synergy drugs) can be effective. Although, there is need for antibiotics sensitivity pattern and Double Disk Synergy Test (DDST) to be routinely performed on ESBLs infected patients or hospital patients at large before prescriptions.

Plasmid curing and plasmid profile procedure should be used and considered for antibiotics resistance to determine if resistance is plasmid mediated or chromosomally mediated

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